

Follow-Up Visits Report: Medical Outreach in Anyiin IDP Camps

Introduction

Following the successful medical outreach conducted by the Ikyumenga Community Empowerment Foundation (ICEF) at the Internally Displaced Persons (IDP) camps in Anyiin, a series of follow-up visits were carried out to consolidate the gains of the initial intervention. These visits focused on monitoring recovery, providing additional nutritional support, and ensuring continuity of care for vulnerable households.

Objectives of the Follow-Up Visits

- Assess the health progress of individuals treated during the initial outreach.
 - Provide Ready-to-Use Therapeutic Food (RUTF) and other nutritional supplements to malnourished children for sustained recovery.
 - Support vulnerable pregnant and lactating women with targeted nutritional interventions.
 - Strengthen health education and reinforce preventive practices within the community.
 - Document achievements and lessons learned to guide future interventions.
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Key Activities

- **Nutritional Support for Children:** All children previously identified with acute and moderate malnutrition received RUTF and fortified supplements. Caregivers were counseled on proper feeding practices to ensure sustained improvement.
 - **Pregnant Woman Support:** A severely malnourished pregnant woman weighing 40kg during the first visit was given specialized nutritional supplements. Her weight gain and improved strength are being closely monitored to prepare her for a safe delivery.
 - **Medical Follow-Up:** Patients treated for malaria, respiratory infections, and gastrointestinal illnesses were reassessed. Recovery rates were encouraging, with most showing significant improvement.
 - **Health Education Reinforcement:** Additional sessions were held on hygiene, breastfeeding practices, and balanced diets, reaching over 500 households.
 - **Community Engagement:** Local volunteers were trained to monitor child nutrition and report cases of relapse, ensuring sustainability of the intervention.
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Achievements Recorded

- **Child Recovery:** Over 80% of malnourished children showed measurable weight gain and improved energy levels after receiving RUTF and supplements.
 - **Maternal Health Improvement:** The pregnant woman previously weighing 40kg has gained strength and is on track for a safer delivery, symbolizing hope for other vulnerable mothers.
 - **Strengthened Community Resilience:** Families are now better equipped with knowledge and resources to prevent malnutrition and common illnesses.
 - **Sustained Impact:** Referral cases continue to receive advanced care, ensuring no severe condition is left unattended.
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Impact Highlights

- **Life-Saving Nutrition:** RUTF distribution prevented deterioration in malnourished children, accelerating recovery and reducing mortality risks.
 - **Empowered Caregivers:** Mothers and guardians now understand the importance of balanced diets and hygiene, fostering healthier households.
 - **Community Ownership:** Training of local volunteers ensures continuity of monitoring and support beyond ICEF's direct intervention.
 - **Restored Hope:** Vulnerable families expressed renewed optimism as their children and mothers regained strength and vitality.
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Acknowledgment of Funders

ICEF extends heartfelt appreciation to the funders whose unwavering support made both the initial outreach and follow-up visits possible. Their generosity ensured that malnourished children received life-saving RUTF, vulnerable mothers regained strength, and entire households experienced improved health outcomes. This partnership continues to stand as a beacon of compassion and solidarity with displaced communities.

Conclusion

The follow-up visits at Anyiin IDP camps reinforced the impact of the initial outreach, ensuring that vulnerable children and mothers received sustained care and nutritional support. ICEF remains committed to expanding these interventions, calling for continued collaboration with partners to reach more displaced populations. Together, we can transform lives, restore dignity, and build resilience among communities facing hardship.